

# Subscription Terms

*Last updated: 3 September 2025*

## 1) Product

PelvicWorkout offers ongoing access to premium workouts, plans, reminders, and features via **auto-renewable subscriptions** sold through Apple's in-app purchases.

## 2) Free trials & promos

If offered, trials convert to a paid plan at the displayed price unless canceled at least **24 hours** before the trial ends. One trial per Apple ID unless stated otherwise.

## 3) Billing & renewal

- Billed by **Apple** to your Apple ID payment method.
- **Auto-renews** for the same term/price unless canceled.
- Manage/cancel anytime in **Settings** → **[your name]** → **Subscriptions**.
- Cancellations take effect at period end; access continues until then.

## 4) Pricing & taxes

Regional pricing is set in the App Store and may change for future periods. We follow Apple's process for notifying you of price changes.

## 5) Refunds

Refunds are handled by Apple. You can request a refund through Apple Support.

## 6) Upgrades/downgrades

Changing plans takes effect per Apple's subscription rules; proration may apply.

## 7) Right of withdrawal (EU/EEA)

You usually have **14 days** to withdraw from a digital subscription, but if you choose **immediate access** and acknowledge losing the right of withdrawal, you may not be able to withdraw. Apple processes withdrawals/refunds under its policies. Your non-waivable consumer rights remain unaffected.

## 8) Contact

Support: [admin@appstechai.top](mailto:admin@appstechai.top)